

# Community Meeting Notes (Dec 6, 2017) - Using Arts-Informed Narrative Inquiry to increase personal knowing

## Overview

### Presenters:

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### Outcomes:

At completion of the workshop, participants will have an increased understanding of Arts-Informed Narrative Inquiry, as a qualitative research approach. Specifically, historical and philosophical background, as well as how and where to use narrative research. Participants will also engage in experiential activities using Narrative Reflective Process.

### Description:

This is a 90-minute workshop on Arts-Informed Narrative Inquiry (AINI), qualitative research approach. In this workshop, participants learn what AINI is, and how it may be implemented in exploration of storied experiences in personal-professional situations. The workshop consists of an interactive lecture, as well as a creative reflective activity, using Narrative Reflective Process.

### Target audience:

Anyone interested in exploring lived experiences in personal-professional situations.

### Resources:

<http://theartofexperience.ca/>

## Notes

- Qualitative Research, specifically person-centred care
  - "Qualitative" is captured by "descriptive"; literary approach to research
- Narrative research is used to give voice, specifically to those whose voice is not typically heard.
  - Narrative research is an umbrella term that covers research about experience
  - Narrative is at the extreme end of qualitative research
  - The knowledge gained is co-created with the subject (patient) and the researcher(s)
- Narrative Inquiry was developed by Michael Connelly and Jean Clandinin
- Every experience informs every subsequent experience
- "What is the purpose of the research?" is the starting point
  - Do a review of literature to see what has already been done, to expand on it or create new knowledge
  - Practical and ??? justification
  - Why am I doing this, how is it going to benefit humanity?
  - Research question is called the "inquiry puzzle"
    - invite people to participate (purposive sampling (vs random sampling?))
      - conversations are audio recorded and transcribed
      - participants have a chance to verify and edit to ensure that you captured their story correctly.
- We know more than we can say.
  - This can be revealed through creative activities
- Exercise: Draw an image with your non-dominant hand representing you as an instrument of care
  - In all of these exercises it is the person who chooses the metaphor who gets to interpret it.
  - intention: to bypass our logic of mind which can be linear.